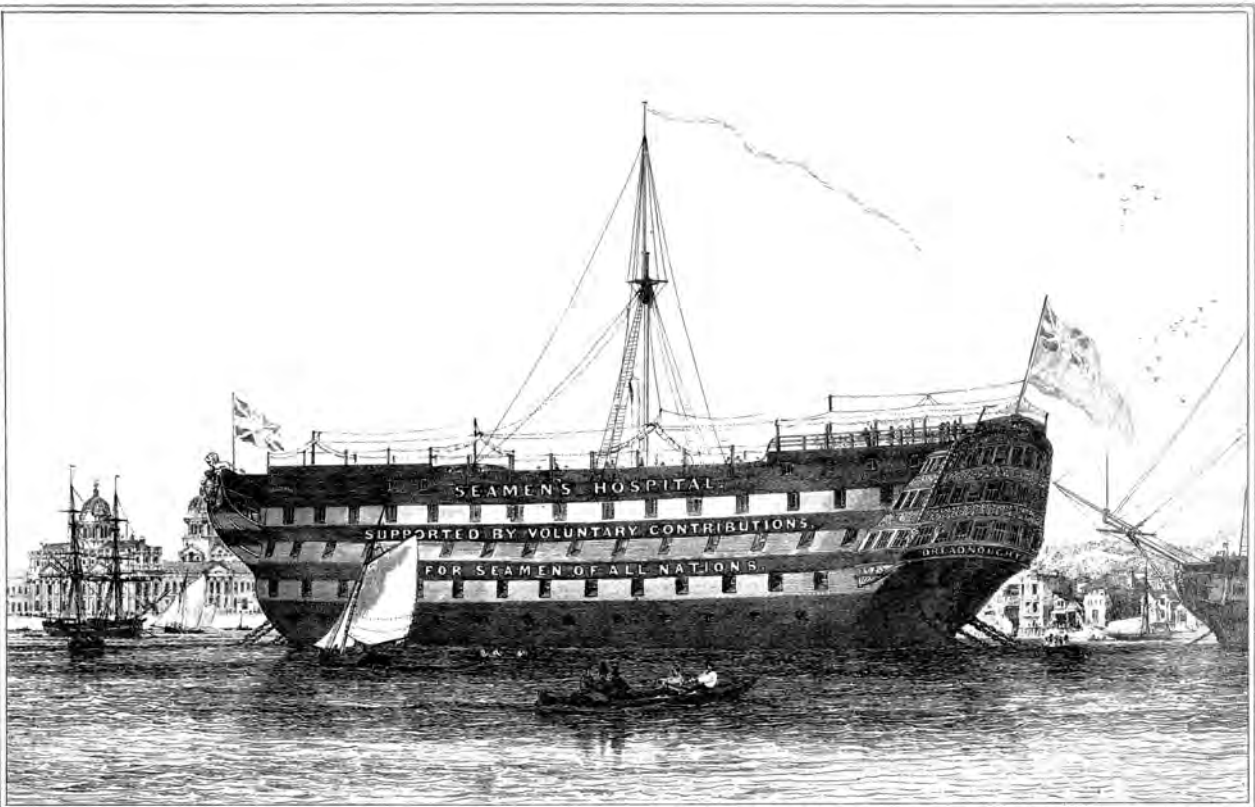




SEAMEN'S HOSPITAL SOCIETY



Circa. 1831

THE DREADNOUGHT, 104 GUNS, UNTIL RECENTLY LYING OFF GREENWICH. *Drawn & Etched by E. W. Cook.*

REPORT AND ACCOUNTS 2009



HRH The Duke of York KG KCVO ADC
Patron

SEAMEN'S HOSPITAL SOCIETY

REPORT AND ACCOUNTS FOR THE YEAR ENDED 31ST DECEMBER 2009

Object of the Seamen's Hospital Society incorporated under Act of
Parliament 1833 and amended under Statutory Instrument No. 73
the Charities (Seamen's Hospital Society) Order 1999:

“The Object of the Society shall be the relief of seamen and seawomen of
all nations within the United Kingdom of Great Britain and Northern Ireland and their
immediate dependants (including widows, widowers and children of deceased seafarers)
who through sickness, misfortune or age are in need of assistance and providing
such persons with medical and surgical aid, lodging, support and clothing.”



Seamen's Hospital Society

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INFORMATION

Charity Number	231724
Patron	His Royal Highness The Duke of York KG KCVO ADC
President	Sir Brian Shaw
Chairman	Mr J D Guthrie FICS
Deputy Chairman	Mr A P J Lydekker
Honorary Treasurer	Mr G P Ellis FCMA
General Secretary	Mr P S Coulson
Honorary Archivist	Professor G C Cook MD DSc FRCP
Principal Address	29 King William Walk, Greenwich, London SE10 9HX
Auditors	Alliotts Imperial House, 15 Kingsway, London WC2B 6UN
Bankers	Royal Bank of Scotland plc 62-63 Threadneedle Street, London EC2R 8LA
Investment Advisor	J P Morgan Asset Management (UK) Limited Finsbury Dials, 20 Finsbury Street, London EC2Y 9AQ

MESSAGE FROM THE PRESIDENT

When John Guthrie succeeded Captain David Smith as Chairman of the General Committee in 2004, he cannot have foreseen just how busy a six year period in office lay ahead. But it has not only been busy, it has also been productive and the Society has made significant progress in a number of areas.

Perhaps the most encouraging event was the Supporting Seafarers 2007 research report and conference, which specifically acknowledged the value of the Society's work and whose recommendations have led to the Maritime Charities Funding Group's unfolding development programme. Arising from the report, the Seafarers' Information and Advice Line (SAIL) has doubled in capacity, including provision of advice on the very current problems of debt management.

Over the past six years, the Society's office premises have been upgraded to permit the co-location of SAIL, a new Health Development role has been established, physiotherapy services have been successfully piloted for fishermen in Cornwall and the King William IV Statue Garden has been sold, to the benefit of both the Society and the National Maritime Museum.

Under John Guthrie's guidance, excellent relations with other maritime charities have been firmly established and he has been tireless in pursuing the Society's interests. His long and practical business experience have been invaluable and I know how much this has been appreciated by members of the General Committee.



The Society is fortunate indeed that the next Chairman is proposed to be Peter McEwen of Nautilus International, a widely respected figure in the maritime world. Peter's candidature was enthusiastically supported by his General Committee colleagues and I am personally delighted that his changing commitments in other roles now mean that he will have time to take on the chairmanship.

Peter McEwen has been with Nautilus and its predecessors since 1978 and has been involved in a broad range of policy issues but with particular emphasis on pensions and welfare. He has been a trustee of the Merchant Navy Officers Pension Fund (MNOFF) since 1983 and Chairman since 1999. He is Secretary of the Nautilus Welfare Fund and is a trustee of Seafarers UK and a number of other maritime charities.

Peter is also very much committed to seafarers' welfare internationally and his involvement has included preparation over five years for the Maritime Labour Convention 2006.

I am delighted that Peter's work was recognised by the award of an MBE in the recent Birthday Honours.

On behalf of everyone interested in the Society, I extend sincere appreciation to John Guthrie and a warm welcome to Peter McEwen.

Sir Brian Shaw, *President*

CHAIRMAN'S REPORT

Introduction

It is with pleasure that I present my annual report for 2009, my sixth and final such report as Chairman. It has been a year marked by further developments in the Society's activities as we and fellow maritime charities seek to better meet the present and future needs of seafarers and their dependants.

Health Development

With its heritage in healthcare, the Society is continuing its leading role in taking forward, in collaboration with the Maritime Charities Funding Group (MCFG), a health development programme responding to the wide ranging recommendations of the Supporting Seafarers 2007 report. This is detailed in full in the General Committee's Report but I would like to comment further on some aspects.

Work on the programme began towards the end of 2008 with the appointment of a Health Development Manager but there was a setback in the summer of 2009 when the first incumbent, Nick Adlington, resigned. The Society is grateful to its General Secretary, Peter Coulson, for continuing the programme, notably through work commissioned on a consultancy basis, pending the identification of a replacement Health Development Manager. The post was finally filled in February this year when Sally Hampshire joined the Society.

I announced last year that the Institute of Medicine (IOM) Edinburgh had been appointed to carry forward a key element of the health development programme. It has been a major exercise encompassing a study into working UK seafarers' health needs and healthcare provision including a survey of Dreadnought users and the holding of focus groups. An interim report has been received and a final report is awaited.

In 2007 the Society initiated, on a trial basis, the funding of the cost of physiotherapy for working fishermen in the Newlyn area. This has provided the foundation for continuing work to explore and, it is hoped, establish further pilot services for working fishermen, as well as merchant seafarers, elsewhere in the UK. A consultant's report is awaited.

In December 2009 an independent consultant was appointed to explore the provision of, and further need for, respite care. This mainly concerns older seafarers or their dependants. A final report has now been received portraying a rather more complex, and less clear cut, picture than anticipated. Possible responses to address this are under consideration.

A proposal has been developed for a major project under the title 'New Approaches to Promote Better Health for Ex-Seafarers' and funding is now in place to enable this to be progressed. Spread over two years, the aim is to promote better health provision for, principally, older seafarers through the trialling of various initiatives and approaches. Interim reviews will be undertaken during the project to monitor progress.

A pilot fitness programme for retired seafarers and their dependants at seafarers' homes has recently begun, and it is intended that other projects will be progressed during the year ahead.

In summary, tangible results guiding future action in applying resources to the best advantage for a wide range of seafarers and their dependants can be anticipated. The Society is extremely grateful for the funding assistance which has enabled the ambitious health development programme to proceed.

Seafarers' Advice & Information Line (SAIL)

In a seamless transition the renamed SAIL has built on the original service established in 1996 at the initiative of the Society. It has expanded in size and range of services, developing as envisaged by the MCFG Supporting Seafarers 2007 report, and now including a specialist debt and money advice service.

Co-located with the Society in Greenwich it again in 2009 registered an increase in the number of seafarers and dependants helped. There were 3,261 client contacts in the year (compared with 2,993 in 2008) with measurable financial successes totalling just under half a million pounds comprising debt write-offs, benefit entitlements, charitable grants and other identifiable gains. In addition, but not measurable in financial terms, are the benefits arising from other advice given such as on employment issues.

Notwithstanding its increasing client base the Society is anxious that SAIL's services are communicated to the widest possible audience. The initiative of the MCFG in setting up the Seafarer

Support/ single point of contact facility is playing a part and the Society has facilitated the provision of a specialist consultant to advise on new marketing strategies in liaison with SAIL management.

The Society is extremely grateful for the financial support of Seafarers UK, the Merchant Navy Welfare Board and the MCFG without whose contributions expansion of SAIL would not have been possible. The aim is to continue with a broad funding base as the service develops further.

Dreadnought Medical Service

The Society continues to take a close interest in the Dreadnought Medical Service for seafarers at Guy's and St Thomas' NHS Foundation Trust. It is the successor to the former Dreadnought Hospital in Greenwich and the ultimate successor to the original hospital function of the Society.

Mr Abrie Botha, Consultant Upper GI and General Surgeon continues as the consultant with responsibility for the Dreadnought Medical Service. The Society much appreciates his practical support and active interest in the continuing service to seafarers at Guy's and St Thomas'. Equally the Society is indebted for the work of the special administration section which continues in the capable hands of Ruth Wallis and Sandra Jones.

The findings set out in the Supporting Seafarers 2007 report emphasise the importance of health issues for the seafaring community with its special risks and associated high levels of injury, ill-health and disability. The Dreadnought Medical Service continues to be a core element in timely treatment and the Society will maintain its close association as it seeks to enhance healthcare provision for seafarers.

The Maritime Charities Funding Group (MCFG)

In conjunction with fellow members of the MCFG, in addition to specific work on health issues, the Society is actively supporting initiatives building on the other elements of the Supporting Seafarers 2007 report. This involves the development and implementation of a four year (extended from the original three year), six-point programme of action by the MCFG with the programme manager, Valerie Coleman, playing a leading role. Tangible results are already evident, for example in the expansion of SAIL, and further progress is expected.

It is encouraging that the major maritime charities can work so well together whilst maintaining their individual identities and particular areas of expertise. Going forward, the Society will continue to work closely with its colleagues in the MCFG in seeking to meet the needs of seafarers, a common aim we all share.

Charitable Activities

Apart from the funding for SAIL and aspects of the Dreadnought Medical Services, the Society continues to give grant aid to other institutions as well as individuals together with meeting support costs.

Total expenditure on charitable activities for 2009 amounted to £641,000 the detail of which is shown in the Accounts section of the Report and Accounts. Miscellaneous assistance grants were awarded to a total value of £125,000 to 255 individuals, both representing record levels. In addition, the continuing trial funding of treatment for fishermen at the Harbourside Physiotherapy clinic in Newlyn amounted to over £3,000 in 2009 with 31 fishermen benefiting.

The Society, as ever, greatly values its close working relations with other maritime charities including fellow members of the MCFG – the Merchant Navy Welfare Board, Nautilus International/Nautilus Welfare Fund, the Royal Navy & Royal Marines Charity, Seafarers UK and Trinity House – as well as those caseworkers who provide such essential support in helping to evaluate individual grant applications, notably those from SSAFA Forces Help, the Shipwrecked Mariners' Society and the Fishermen's Mission.

Finances

Total resources expended in the year were £718,000 against incoming resources of £496,000. In the current economic climate the Society has relaxed, for the time being, its policy of specifying a finite limit on drawing from reserves but retains the proviso that, in meeting shortfalls, the value of the reserves (essentially the investment assets) is not diminished unduly to the point of threatening the Society's long term future.

A combination of a fall in investment income, particularly from dividends, and increased demands arising from carrying out the implementation of actions arising from the Supporting Seafarers 2007 report recommendations, will place a severe strain on the Society's finances in the immediate future. Difficult choices are likely to be necessary as the Society reviews its activities and sets priorities in providing assistance to seafarers and their dependants.

The value of investments under management by JP Morgan (bonds and UK equities) and the Charities Property Fund (UK property) increased from £6.8 million at the beginning of the year to £7.3 million (on a bid price basis) at the end of the year. This increase in the value of investments was welcome, but the drop in income generated is concerning.

Going forward, income from equities will be under continuing strain although bond and property related income is expected to

remain stable in the immediate future. It is to be hoped that the recovery in the UK economy, which started in the latter part of 2009, will eventually lead to an improvement in the income from investments on which the Society principally relies.

Administration

We were very pleased to welcome Max Gladwyn, with his extensive knowledge and experience of the maritime scene, as the newest addition to the General Committee during 2009. I am most grateful to all the trustees for their commitment and support throughout the year and, indeed, over the six year period of my chairmanship – and my special thanks, once again, to Geoff Ellis, our Honorary Treasurer, for his invaluable contribution in so many ways throughout this time. Over the six years there have been some changes in the composition of the General Committee but the continuing theme is the commitment to the Society's objective of assisting needy seafarers and their dependants. My gratitude also extends to our staff who continue to be led by Peter Coulson. It has been a challenging year in a number of ways but every difficulty has been surmounted.

There continues to be a strong possibility that the Society will need to consider relocation of its offices, including those of SAIL, in central Greenwich. The plan for redevelopment by Greenwich Hospital, encompassing our present offices, was rejected by the Council but is now the subject of an appeal. The Society is continuing to co-operate with Greenwich Hospital and the surveyor retained by the Society is instructed to ensure that the Society's accommodation needs are properly met with the minimum of disruption and with a satisfactory settlement.

The Future

The Society is committed to continuing to play its part in contributing to the on-going developments sparked by the Supporting Seafarers 2007 report with an emphasis on healthcare, so carrying forward its particular role in the support of needy seafarers and their dependants. The ever closer co-operation of maritime charities, particularly those within the MCFG, is to be welcomed; together we can achieve the greatest benefit for those who we seek to help.

It has been a privilege to serve the Society in succession to so many distinguished past Chairmen and I wish the Society every good fortune as it continues the work begun so long ago. I know it is in safe hands.

John D Guthrie FICS
Chairman

GENERAL COMMITTEE'S REPORT FOR THE YEAR ENDED 31ST DECEMBER 2009

The General Committee presents herewith its Annual Report for the year ended 31st December 2009.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing Document

The Society was founded in 1821 and incorporated under Act of Parliament in 1833. Now a registered charity, its Object, as amended by the Charities (Seamen's Hospital Society) Order 1999, is "the relief of seamen and seamwomen of all nations within the United Kingdom of Great Britain and Northern Ireland and their immediate dependants (including widows, widowers and children of deceased seafarers) who through sickness, misfortune or age are in need of assistance and providing such persons with medical care and surgical aid, lodging, support and clothing." The Society may also make grants to such other maritime charitable institutions with the same or similar objects to the Society as the General Committee shall think fit.

Organisational Structure

In accordance with the Governing Document, the Society is administered and managed by a General Committee which must number no less than twelve members and not more than twenty, including the President and Honorary Treasurer as ex-officio members. The members are appointed by the Annual Court; other than the President and the Honorary Treasurer, one third of their number retire by rotation at each Annual Court and are then eligible for re-election. The President is elected for life or until retirement. The Honorary Treasurer is elected for a period of three years and is then eligible for re-election at the Annual Court falling in the relevant year. A Chairman and Deputy Chairman of the General Committee are appointed by the Annual Court for a term of three years, after which they may be re-appointed. The quorum for the General Committee is five, excluding ex-officio members.

There are presently two sub-committees, namely: the Seal, Finance and General Purposes Sub-Committee and the Development Sub-Committee. Each is appointed by, and is formally accountable to, the General Committee whose Chairman is also an ex-officio member of both. Each sub-committee consists of at least two members.

Decision Making

Apart from the specific responsibilities of the Annual Court of Governors - the receipt of the Annual Report and Accounts of the preceding financial year, election of Governors and members of the General Committee and the appointment of auditors - all other decision making is vested in the General Committee which delegates specific matters to the General Secretary and the sub-committees. All such delegation is laid out in the Members' Handbook which can only be amended by the authority of the General Committee.

The Seal, Finance and General Purposes Sub-Committee principally monitors the Society's financial affairs including, in particular, the performance of its investments. The Development Sub-Committee recommends and advises on initiatives which may help the Society to meet its objectives.

The Members' Handbook sets out a code of conduct for trustees and job descriptions for the General Secretary and other staff, the Chairman, the Honorary Treasurer and trustees. It details limits of authority for expenditure, analysed to various headings, and sets out signatories on bank accounts.

Recruitment and Appointment of New Trustees

The identification of potential new trustees is carried out by the General Committee, the aim being to recommend for appointment those with expertise appropriate to carry on the Society's work. Apart from seeking those with seafaring and maritime backgrounds, those with medical or other qualifications such as in finance or the legal profession are also sought to bring a wide expertise to bear in administering the Society's affairs.

Recommendations are made to the Annual Court and on appointment all new trustees are given a copy of the Members' Handbook with the Secretariat on hand to provide further induction training in-house or to arrange external training.

Risk Assessment

The established written analysis of risks to which the Society is exposed is reviewed annually by the trustees. This analysis, signed by the Chairman on behalf of the trustees, shows the probability, seriousness, current precautions and any further action to be effected to mitigate the identified risks.

OBJECTIVES AND ACTIVITIES FOR THE PUBLIC BENEFIT

Object

The Society fulfils its Object, set out in the Governing Document, principally through the awarding of grants whether to individual seafarers in need or to institutions which support them. It aims to maximise the impact of its grants through collaboration with the work of other maritime organisations, as well as through the Seafarers' Advice & Information Line by means of whose assistance seafarers are often able to obtain greater financial or welfare benefit than would be possible through grant making alone. In addition to specific financial support for the Dreadnought Medical Service at Guy's and St Thomas' NHS Foundation Trust, and for its users, the Society plays an active part in promoting the effective delivery of priority healthcare to seafarers.

The members of the General Committee of the Society confirm that they have paid due regard to the public benefit guidance published by the Charity Commission and that, in fulfilling the Society's Object, the identified benefits set out in this Report are provided to a section of the public.

Activities

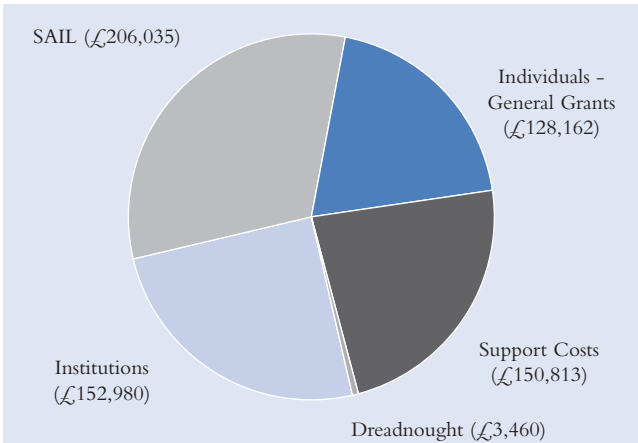
Of the £641,450 expended by the Society on charitable activities in 2009, grant expenditure amounted to £490,637. The balance of £150,813 comprised support costs, representing health development programme and project costs, as well as staff time and other resources directly related to advising and assisting applicants, and liaising with caseworkers and other charities, in seeking to best serve the Society's clients when awarding grants.

The Society has continued its active collaboration with the work of other maritime organisations, supporting and participating in initiatives to promote best practice and best use of grant funds, notably within forums operating under the auspices of the Merchant Navy Welfare Board (MNWB) and the Maritime Charities Funding Group (MCFG).

ACHIEVEMENTS AND PERFORMANCE

Grants to Individuals

During the year 2009 the Society awarded 255 miscellaneous grants to individuals valued in total at some £124,797 - both record levels - compared with 210 grants totalling £108,477 in the previous year. The grants were awarded for medically related items such as



The Society's charitable activities in 2009: total expenditure £641,450



Terence Studd of Lowestoft with his new stairlift. Following a lifetime at sea as a fisherman both Mr Studd and his wife had increasing difficulty coping with the stairs in their home of 40 years. A grant of £850 from the Society for the purchase and installation of a stairlift provided the solution.



Paul Hagan of Leicester with his sports hand cycle (and red ensign!). Following a decade's service in the merchant navy, and the subsequent loss of a leg in an accident, Mr Hagan had striven to maintain his fitness and activity levels as a wheelchair athlete. Forced to give this up as a result of long term nerve damage from the accident, hand cycling presented a viable alternative and a grant of £400 from the Society, along with contributions from other charities, enabled the purchase of a suitable model.

electrically powered wheelchairs and adapted shower facilities, essential household goods and maintenance, clothing, payment of priority debts, respite breaks, other pressing welfare requirements and, in certain circumstances, funeral costs, all on the basis of assessed financial and personal need. A further 23 grants, totalling £2,231 (2008: £3,411 in respect of 32 grants), were awarded for the fares, and in certain cases towards accommodation costs, of seafarers in need attending the Dreadnought Medical Service at Guy's and St Thomas' NHS Foundation Trust in London.

In 2009, continuing a pilot project started in 2007, the Society funded the cost of physiotherapy for working fishermen in the Newlyn area to enable them to continue with, or more speedily return to, their demanding profession. The 31 grants made, to a total value of £3,365, for courses of treatment completed during 2009 compared with 45 grants, to a total value of £5,097, in 2008. The Society is most grateful to the Fishermen's Mission for their practical support in making the scheme workable.

In dealing with general assistance applications the Society aims to provide a practical and flexible response; its eligibility criteria are not rigidly specified and it always seeks to consider the overall picture when evaluating a grant application singly or in conjunction with other maritime charities. It works closely with the Seafarers'

Advice & Information Line with a view to ensuring that clients are best advised, and the Society's funds put to the most effective use, where benefit/debt/legal or other technical questions arise.

The assistance of caseworkers greatly benefits clients in helping to evaluate their needs and present their applications; this is normally done on a face to face basis in their own homes. The Society greatly values the help and co-operation it receives from caseworkers and colleagues from the Soldiers, Sailors, Airmen and Families Association - Forces Help (SSAFA), the Shipwrecked Mariners Society, the Fishermen's Mission, the Royal British Legion and other maritime agencies.

Grants to Institutions

A total of £358,735 was awarded to institutions in 2009 as set out in Note 5 to the Accounts on page 20.

As well as grants to the Seafarers' Advice & Information Line, awards were made towards: care service costs, equipment and therapy at Nautilus Welfare Fund's Mariners' Park; holiday, respite and convalescent breaks at the Merchant Seamen's War Memorial Society (Springbok Estate); care home nursing costs at the Royal Alfred Seafarers' Society; hospital visits and the transport of sick and



Mariners' Park bungalow resident Margaret Stevens with domiciliary care worker Janet Monks. The Society contributed £40,000 during the year towards a number of services at Nautilus Welfare Fund's Wallasey retirement complex for former seafarers and dependants, including the domiciliary care scheme which offers practical support to help elderly residents continue living independently in their own homes.



Finlay Macleod, the Fishermen's Mission's Auxiliary Superintendent in Stornoway, comforts Vladimir Yarmulovsky, a motorman from Murmansk, following airlift from his Russian factory ship, during transfer at Stornoway Airport en route for emergency medical treatment in Glasgow. The Society provided a grant of £10,000 to the Mission in support of its work with sick and injured seafarers during the year.

injured seafarers and fishermen by the Royal National Mission to Deep Sea Fishermen; the costs of publishing a new fitness guide for seafarers by the Physical Initiative; welfare work at the Queen Victoria Seamen's Rest and Scottish Nautical Welfare Society; and medical and welfare costs at the Royal Merchant Navy School Foundation.



Former Able Seaman Ken Nixon recovering from a broken leg in the guest wing at the Merchant Seamen's War Memorial Society's Springbok Estate. The Society provided a grant of £25,000 towards the cost of holiday, respite and convalescent breaks at Springbok in 2009.

The Society is very pleased to acknowledge the valuable role of the MCFG - of which it is a member, along with the MNWB, Nautilus International/Nautilus Welfare Fund, the Royal Navy & Royal Marines Charity, Seafarers UK and Trinity House - in informing and developing grant making policy for all involved in the maritime charity sector. In line with its fellow members, the Society again contributed £40,000 in the year as its share of the cost of the development programme in furtherance of the recommendations of the Supporting Seafarers 2007 report.

Seafarers' Advice & Information Line (SAIL)

The Seafarers' Advice & Information Line (SAIL) offers free advice and help exclusively to seafarers on a range of issues including benefits, employment, housing, debt, consumer problems, legal matters, personal relationships and taxation. Its services are provided to active and retired seafarers, including fishermen, together with their dependants. Assistance is also offered to charities and other organisations involved with seafarers. By making extensive use of telephone, fax and e-mail, services are accessible nationally as well as by those at sea.

In addition to providing advice, detailed casework for individual clients is also undertaken, where appropriate, including correspondence and negotiation with third parties - for example with creditors - as well as, where necessary, representation at tribunals.

Established in 1996 at the initiative of the Society, SAIL is managed and operated by Greenwich Citizens Advice Bureaux (GCAB) on behalf of the Society. For some years, the Society provided full funding from its own resources but in 2007 it welcomed a decision by Seafarers UK to provide funding, on a year by year basis, for an additional adviser in order to expand services. Subsequently, starting in 2008, the MNWB awarded a grant to cover the cost of providing, over a period of three years, a dedicated manager recognising the need for increased capacity for SAIL prompted by the MCFG Supporting Seafarers 2007 research report. Finally, also arising from the research report, the MCFG is funding, over a period of three years from 2008, a debt adviser/financial capability trainer.

The staff, co-located with the Society in their Greenwich offices, now comprise a manager (Mike Payne), a senior adviser (Bridget Brehm), the equivalent of two advisers (Olive Gathoni on a full time basis and Francis Gough and Peter Gibbs on a part time basis) and a debt adviser/financial capability trainer (Geraldine Cassidy). They are supported by a part time administrator (Deana Reed) with



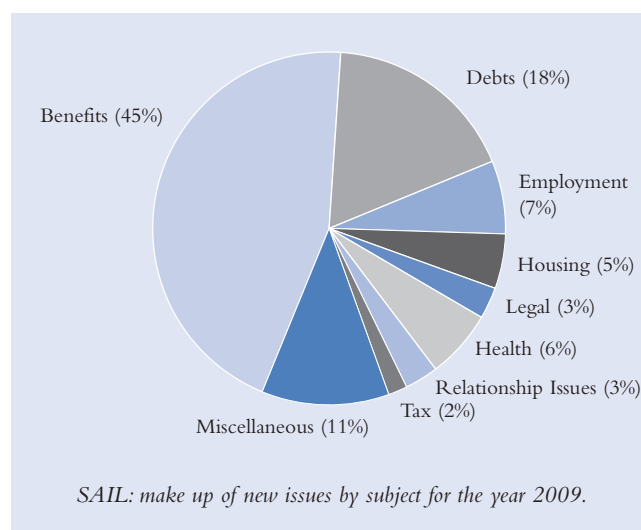
From left to right: Peter Gibb (Adviser), Deana Reed (Administrator), Bridget Brehm (Senior Adviser), Mike Payne (Manager), Emma Knight (Chief Executive of Greenwich CAB), Geraldine Cassidy (Debt Adviser), Olive Gathoni (Adviser) and, inset, Francis Gough (Adviser) of SAIL.

the service led by the Chief Executive of GCAB, Emma Knight. Local IT support for SAIL continues to be provided on a volunteer basis by John Farrow, Devon Vernal, Priya Kothari and Don Chapman.

In October 2009, Peter Lee relinquished the Chair of GCAB. The Society is very grateful for his support over a number of years in the development of SAIL and looks forward to working with his successor, Ros Lucas.

In 2009, there was a further increase in the level of activity with client contacts during the year totalling a record 3,261 as against 2,993 in 2008, which was the previous record. Measurable financial successes for 2009 totalled £499,500 comprising debt write-offs, benefit entitlement (calculated over one year), charitable grants and other identified gains. This compares with £245,000 in 2008. Not measured are the considerable benefits arising from advice given, for instance on employment issues where a job loss might be prevented.

It is gratifying that an expansion of SAIL has been achieved building on the initial core service created by the Society. With the increased capacity in place, efforts are being made to further publicise and market SAIL to reach more of those who could benefit from the service, a need highlighted in the MCFG



Supporting Seafarers 2007 report. The Seafarer Support/single point of contact initiative by the MCFG is playing its part and, in addition, a specialist consultant is advising on new strategies in liaison with SAIL management.

The Society's intention for SAIL is to continue with a broad funding base and it is extremely grateful for the support of Seafarers UK, the MNWB and the MCFG without whose contributions the expanded service would not be possible.

CASE STUDY

Joe is a fisherman who contacted SAIL with several debts. Joe lived with his partner Anna, who was pregnant, and they were finding it difficult to manage. Although they had a regular wage they just couldn't budget. They got behind with bills and started to ignore letters from creditors. The situation was getting out of control.

SAIL got in touch with all the creditors and asked them to hold off any further action. They looked at how to maximise the couple's income and helped Joe apply for Working

Tax Credit. They showed them how to draw up a weekly budget and negotiated realistic monthly repayments towards arrears. When their baby was born SAIL helped them apply for Child Tax Credit and Child Benefit.

SAIL has made a big difference to Joe and Anna who, without the advice and support provided, would have just got more deeply into debt. Now they know how to manage their money and save a small amount every month, something they never imagined they could do.

The Seafarers' Advice & Information Line may be contacted as follows: telephone - 08457 413 318; fax - 020 8269 0794; e-mail admin@sailine.org.uk. Further information is also available on its website at the following address: www.sailine.org.uk.

Dreadnought Medical Service

As the provider of a special medical service for seafarers the Dreadnought Medical Service at Guy's & St Thomas' NHS Foundation Trust is the successor to the former Dreadnought Seamen's Hospital in Greenwich and the ultimate successor, within the NHS, to the original hospital function of the Seamen's Hospital Society. While there are no longer dedicated wards, with seafarers now being treated in the most clinically appropriate in-patient and out-patient areas, there is a special administration section staffed by Ruth Wallis, Acting Dreadnought Administrator, and her colleague Sandra Jones.

Mr Abrie Botha, Consultant Upper GI and General Surgeon, is the consultant with responsibility for the Dreadnought Medical Service. The Society much appreciates his practical support and active interest in the continuing service to seafarers at Guy's & St Thomas'.

During the year 450 new medical and surgical patients were treated by the Dreadnought Medical Service. In addition, the Dreadnought dentist - Mr Nigel Bowne to May 2009, and Mr Roger Barnes during the latter part of the year - saw 600 patients, both existing and new. The Society provides a degree of financial support by funding, among others things, publicity material and for individual patients by paying, where there is need, travel costs incurred when attending the hospital as well as, in certain cases, contributing towards associated accommodation costs. In 2009 the Society provided grants totalling £3,460 for these purposes.



From left to right: Mrs Sandra Jones, Mr Abrie Botha, Consultant Surgeon, and Miss Ruth Wallis, Acting Dreadnought Administrator.

The Society is an active participant in the Standing Joint Policy Committee comprising representatives from various interested groups and with links to the National Maritime Occupational Health and Safety Committee. Its role is to keep under review the operation of the Dreadnought.

The findings set out in the Supporting Seafarers 2007 report emphasise the importance of health issues for the seafaring community with its special risks and associated high levels of injury, ill health and disability. The Dreadnought Medical Service continues to be a core element in the timely provision of appropriate diagnosis and treatment for seafarers.

The Society will maintain its close association with the Dreadnought with healthcare continuing to be at the forefront of the Society's work as it has been throughout its existence.

The Dreadnought may be contacted as follows: telephone - 020 7188 2049; fax - 020 7188 2051; email - dreadnought2@gstt.nhs.uk



Residents at the Merchant Seamen's War Memorial Society's Springbok Estate exercise under the guidance of Marc Mclean and Jo Newcombe of the Physical Initiative, as part of a trial scheme within the MCFG funded health development programme being led by the Society.

Health Development

In collaboration with the MCFG, the Society is taking the lead in a health development programme responding to the wide ranging recommendations of the Supporting Seafarers 2007 report. These call for initiatives on a number of fronts to build on, adapt and supplement existing services and to address unmet need.

In September 2008 the Society engaged a Health Development Manager, Nick Adlington, who began work to define the make up of a development programme and to progress a number of elements including a publicity campaign to help maintain and raise awareness of the Dreadnought, a trial of partnership work with the British Heart Foundation, and the appointment of consultants to look at seafarers' healthcare needs and provision. Nick's resignation in the summer of 2009 was a setback but progress continued to be made, notably through work undertaken on a consultancy basis. His successor, Sally Hampshire, was appointed in February 2010 and she is building on the work in hand.

As was reported in the 2008 Report and Accounts, the Institute of Medicine (IOM), Edinburgh, was appointed in 2009 to undertake a study into working UK seafarers' healthcare needs and healthcare provision. There was an encouraging response to questionnaires widely distributed through maritime channels and work has been done on a specific survey of Dreadnought users as well as recording views from focus groups and others. An interim report has been received and a final report is awaited.

In November 2009 a consultant was appointed with the specific remit of exploring and, so far as possible establishing, over a six

month period, a number of further pilot projects providing physiotherapy services for working fishermen and, in addition, one to merchant seafarers. It is envisaged that these could encompass a number of different approaches and that they would be set up to enable rigorous evaluation. A report is awaited.

A consultant was appointed in December 2009 to investigate the provision of, and further need for, respite care (for mainly older seafarers and/or their dependants but, in principle, for those of any age), and to provide outline proposals for future/further provision. A final report has now been received portraying a rather more complex, and less clearcut, picture than anticipated. Possible responses to address this are under consideration.

In conjunction with Nautilus Welfare Fund a proposal has been developed which aims to address the findings and recommendations of the Supporting Seafarers 2007 report on health issues affecting older seafarers under the title 'New Approaches to Promote Better Health for Ex-Seafarers'. This involves the trial of various initiatives/approaches in a local area to run over two years resulting in, among other things, production of guidance material for future use by practitioners and volunteers. Funding has been agreed with the MCFG, Nautilus and the TK Foundation contributing, together with the Society, and a start will be made shortly. Interim reviews will be undertaken during the project to monitor progress.

As also reported on page 9, the Society has provided a grant to the Physical Initiative to enable the publication of a new fitness guide for seafarers, which is now in the course of finalisation.

On the Penzance trawler St Georges, the crew use a balance board to assist in learning to correct motion induced balancing habits, common among fishermen, which can lead to hip, knee and back problems. In association with the Society's project for the treatment of working fishermen in the Newlyn area, Harbourside Physiotherapy encourages clients to use rehabilitative and preventative exercises tailored to their needs.



A pilot fitness programme for, principally, retired seafarers and dependants at seafarers' homes has recently begun, and other projects are in the course of being developed.

The Society is very grateful for funding support from the MCFG, Nautilus and the TK Foundation towards elements of the programme of health development projects as well as to the trustees of the Guy's & St Thomas' Charity for a contribution to the IOM study.

PLAN FOR FUTURE PERIODS

General

The Society will continue to pursue its objectives as an independent charity supporting seafarers and their dependants through direct and indirect grant aid as well as promoting the effective delivery of priority healthcare. It will continue to work with other maritime charities to address the needs of its beneficiaries as effectively as possible, offering specific support where a need is identified, particularly in relation to healthcare.

Maritime Charities Funding Group

In conjunction with fellow members of the MCFG, in addition to work on health issues, the Society is actively supporting work building on the other elements of the Supporting Seafarers 2007 report. Specifically, the Society is sharing the cost, with the other members, of developing and implementing a four year programme (extended from the original three years) comprising six elements - including the cost of a programme manager, Mrs Valerie Coleman, working to the MCFG - as follows:

- demonstration or pilot projects to introduce new services
- development projects to extend existing services and develop new ways of working
- targeted research to consider in more depth priorities identified by the research programme
- support for charities to work together, share information and develop skills
- improved communications
- review of grants policies and practices among MCFG members

Progress on the programme is already evidenced, for example, in the developments with SAIL noted above. It is envisaged that the Society will continue to share equally in the cost of further implementing the programme.

FINANCIAL REVIEW

Policy on Reserves

The Society's reserves are largely expendable endowments represented as Unrestricted Funds with some Restricted Funds. The Society's expenditure on assistance and administration is funded for the greater part from investment income and grant support with the policy of meeting any shortfall by drawing from reserves provided that, in meeting shortfalls over a period of time, the value of the reserves (essentially the investment assets) is not diminished unduly, thus ensuring the continuance of the Society. The policy on reserves is kept under review by the General Committee.

Investment Policy

The Society's long term investments are held in pooled vehicles run by J P Morgan Asset Management (UK) Limited (UK equities and bonds) and the Charities Property Fund (property). Its investment policy sets out the range of assets in which funds can be held and at the end of December 2009 was as follows:

UK equities	70%	- range 60% to 80%
Fixed income	15%	- range 10% to 20%
Property	15%	- range 10% to 20%

As at the end of December 2009 the actual distribution of investments, excluding cash deposits invested directly by the Society, was as follows:

UK Equity Fund for Charities	69.6%
Bond Fund for Charities	17.8%
The Charities Property Fund	2.6%

Investment Performance

The value of investments under management increased from £6.8 million at the beginning of the year to £7.3 million (on a bid price basis) at the end of the year.

The performance objective of the combined equity and bond portfolios is to outperform over the long term a benchmark comprising 82% of the FTSE All Share Index and 18% of the FTSE

Government All Stocks Index. In 2009 equity performance was marginally below, but bond performance was above, the respective indices making up the benchmark. It is to be hoped that over the longer term, in more normal market conditions, a positive pattern will emerge for both in line with the objective. The investment strategy of the Charities Property Fund is to maintain a diversified portfolio of properties that will produce a high income to unit holders while preserving capital values in real terms.

As common investment funds open to all charities in England and Wales, the J P Morgan funds are not permitted to have an ethical policy which is not based on maximising financial returns. However, after discussions with the Charity Commission, neither fund will invest in the sector directly involved in tobacco manufacturing.

Financial Summary

The Society's incoming resources in 2009 amounted in total to £496,472 compared with £498,578 in 2008. Investment income decreased by £64,447 to £359,940 compared with £424,387 in 2008. Total resources expended in 2009 were £717,742 compared with £642,438 in 2008.

There was a net gain on investment assets in 2009 of £907,666 (including the net proceeds from the sale of the King William IV Statue Garden) compared with a net loss of £2,336,662 in 2008. Total funds at the year end were £7,658,751 compared with £6,972,655 at the end of 2008.

GRATITUDE

The Society extends its grateful thanks to the staff of SAIL for all their work on behalf of seafarers and to all medical, nursing and administrative staff contributing to the dedicated care of seafarers under the auspices of the Dreadnought Medical Service at Guy's & St Thomas' NHS Foundation Trust. Our own staff, supported as necessary by professional advisors, continue to earn our gratitude for their valuable contribution to the work of the Society.

STATEMENT OF GENERAL COMMITTEE'S RESPONSIBILITIES

The General Committee is responsible for preparing the General Committee's Report and the accounts in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England and Wales requires the General Committee to prepare accounts for each financial year which give a true and fair view of the state of affairs of the Society and of the incoming resources and application of resources of the Society for that year.

In preparing these accounts, the General Committee are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgments and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the accounts; and
- prepare the accounts on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The General Committee is responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the Society and enable it to ensure that the accounts comply with the Charities Act 1993, the Charity (Accounts and Reports) Regulations and the provisions of the trust deed. It is also responsible for safeguarding the assets of the Society and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

APPROVED AND SIGNED
ON BEHALF OF THE GENERAL COMMITTEE

John D Guthrie FICS
Chairman

13th May 2010

INDEPENDENT AUDITORS' REPORT TO THE TRUSTEES OF THE SEAMEN'S HOSPITAL SOCIETY

We have audited the financial statements of the Seamen's Hospital Society for the year ended 31st December 2009 set out on pages 16 to 23. These financial statements have been prepared in accordance with the accounting policies set out on page 18.

This report is made solely to the charity's trustees, as a body, in accordance with Section 43 of the Charities Act 1993 and regulations made under Section 44 of that Act. Our audit work has been undertaken so that we might state to the charity's trustees those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charity and its trustees as a body, for our audit work, for this report, or for the opinions we have formed.

Respective responsibilities of General Committee and auditors

The General Committee's responsibilities for preparing the Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) are set out in the Statement of General Committee's Responsibilities.

We have been appointed as auditors under section 43 of the Charities Act 1993 and report in accordance with regulations made under that Act. Our responsibility is to audit the financial statements in accordance with relevant legal and regulatory requirements and International Standards on Auditing (UK and Ireland).

We report to you our opinion as to whether the financial statements give a true and fair view and are prepared in accordance with the Charities Act 1993. We also report to you if, in our opinion, the information given in the General Committee's Annual Report is not consistent with those financial statements, if the charity has not kept sufficient accounting records, if the charity's financial statements are not in agreement with those accounting records, or if we have not received all the information and explanations we require for our audit.

We read the General Committee's Annual Report and consider the implications for our report if we become aware of any apparent misstatements within it.

Basis of opinion

We conducted our audit in accordance with International Standards on Auditing (UK and Ireland) issued by the Auditing Practices Board. An audit includes examination, on a test basis, of evidence relevant to the amounts and disclosures in the financial statements. It also includes an assessment of the significant estimates and judgements made by the General Committee in the preparation of the financial statements, and of whether the accounting policies are appropriate to the charity's circumstances, consistently applied and adequately disclosed.

We planned and performed our audit so as to obtain all the information and explanations which we considered necessary in order to provide us with sufficient evidence to give reasonable assurance that the financial statements are free from material misstatement, whether caused by fraud or other irregularity or error. In forming our opinion we also evaluated the overall adequacy of the presentation of information in the financial statements.

Opinion

In our opinion:

- the financial statements give a true and fair view, in accordance with United Kingdom Generally Accepted Accounting Practice, of the state of affairs of the charity as at 31 December 2009, and of its incoming resources and application of resources, for the year then ended; and
- the financial statements have been prepared in accordance with the Charities Act 1993.

Nigel Armstrong FCA
(Senior Statutory Auditor)

13th May 2010

Alliotts
Chartered Accountants
Registered Auditors

Imperial House
15 Kingsway
London WC2B 6UN

STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31ST DECEMBER 2009

	Notes	Unrestricted funds £	Restricted funds £	Total 2009 £	Total 2008 £
Incoming resources					
Incoming resources from generated funds					
Voluntary income					
- donations		3,190	-	3,190	1,230
- grants receivable	2	5,175	121,667	126,842	66,461
Investment income	3	359,788	152	359,940	424,387
Incoming resources from charitable activities					
Rent receivable	4	6,500	-	6,500	6,500
Total incoming resources		<u>374,653</u>	<u>121,819</u>	<u>496,472</u>	<u>498,578</u>
Resources expended					
Investment management costs		31,305	-	31,305	36,524
Charitable activities	5	509,854	131,596	641,450	560,184
Governance costs	6	44,987	-	44,987	45,730
Total resources expended		<u>586,146</u>	<u>131,596</u>	<u>717,742</u>	<u>642,438</u>
Net outgoing resources before transfers		<u>(211,493)</u>	<u>(9,777)</u>	<u>(221,270)</u>	<u>(143,860)</u>
Net outgoing resources after transfers and before other recognised gains and losses		<u>(211,493)</u>	<u>(9,777)</u>	<u>(221,270)</u>	<u>(143,860)</u>
Other recognised gains/losses:					
Net gain/(loss) on investment assets	10	907,666	-	907,666	(2,336,662)
Net loss on disposal of tangible fixed assets		(300)	-	(300)	-
Net movement in funds		<u>695,873</u>	<u>(9,777)</u>	<u>686,096</u>	<u>(2,480,522)</u>
Reconciliation of funds:					
Total fund balances at 1st January 2009		6,947,659	24,996	6,972,655	9,453,177
Total fund balances at 31st December 2009	15	<u><u>7,643,532</u></u>	<u><u>15,219</u></u>	<u><u>7,658,751</u></u>	<u><u>6,972,655</u></u>

All recognised gains and losses in the year and the previous year have been included in the Statement of Financial Activities.

The results for the year and the previous year as set out above have been derived entirely from continuing operations.

The notes on pages 18 to 23 form part of the accounts.

BALANCE SHEET AS AT 31ST DECEMBER 2009

	Notes	£	2009 £	£	2008 £
Fixed assets					
Tangible assets	9		85,604		90,593
Investments	10		7,362,711		6,796,659
			<u>7,448,315</u>		<u>6,887,252</u>
Current assets					
Debtors	11	354,858		160,053	
Cash at bank and in hand		10,843		15,658	
		<u>365,701</u>		<u>175,711</u>	
Creditors: amounts falling due within one year	13	(144,515)		(61,558)	
Net current assets			<u>221,186</u>		<u>114,153</u>
Total assets less current liabilities			<u>7,669,501</u>		<u>7,001,405</u>
Debtors: amounts falling due after more than one year	12		-		25,000
Creditors: amounts falling due after more than one year	14		(10,750)		(53,750)
Net assets			<u>7,658,751</u>		<u>6,972,655</u>
Funds					
Unrestricted	15		7,643,532		6,947,659
Restricted	16		15,219		24,996
			<u>7,658,751</u>		<u>6,972,655</u>

The accounts on pages 16 to 23 were approved by the General Committee on 13th May 2010.

John D Guthrie FICS
Chairman

Geoffrey P Ellis FCMA
Honorary Treasurer

The notes on pages 18 to 23 form part of the accounts.

NOTES TO THE ACCOUNTS

FOR THE YEAR ENDED 31ST DECEMBER 2009

1 Accounting policies

1.1 Basis of preparation

The accounts have been prepared under the historical cost convention, modified to include the revaluation of certain fixed assets, and in accordance with applicable accounting standards, the Statement of Recommended Practice, "Accounting and Reporting by Charities", issued in March 2005 and the Charities Act 1993.

1.2 Investment income

Distributions of income from Common Investment Funds are included in the Statement of Financial Activities on an accruals basis, at an amount which includes any income tax recoverable from HM Revenue & Customs.

Bank interest is included in the Statement of Financial Activities on receipt and is received gross. Allocation on a time basis of interest receivable is made to the restricted fund.

1.3 Investments and Investment Gains and Losses

Units in the Common Investment Funds are valued on a bid price basis.

All gains and losses are taken to the Statement of Financial Activities as they arise. Realised gains and losses are calculated as the difference between sales proceeds and opening market value (or purchase date if later). Unrealised gains and losses are calculated as the difference between the market value at the end of the year and opening market value (or purchase date if later). Realised and unrealised gains and losses are not separated in the Statement of Financial Activities.

1.4 Incoming resources

Incoming resources are recognised once the charity has entitlement to the resources, it is certain that the resources will be received and that the monetary value of the incoming resources can be measured with sufficient reliability.

1.5 Resources expended

All revenue expenditure incurred by the charity during the year has been charged to the Statement of Financial Activities. In accordance with the SORP, a liability is only disclosed for those grants where a legal and constructive obligation to make payment exists at the year end. All expenditure is accounted for on an accruals basis and is classified under appropriate headings that aggregate all costs related to the same category. Grants payable are made to third parties in furtherance of the charitable objects of the Society.

Included within costs of charitable activities are support costs, which comprise costs for processing grants and applications including support to actual and potential applicants, and an apportionment of overhead costs; governance costs are those incurred in the running of the charity itself as an organisation. Where costs cannot be directly attributed to either of these two categories, an apportionment is made based on staff activity levels.

Irrecoverable VAT is charged against the category of expenditure for which it was incurred.

1.6 Tangible fixed assets and depreciation

Fixed assets are only capitalised where their cost, either individually or as a functional set, exceeds £3,000.

Depreciation is provided at rates estimated to write off the relevant assets by equal annual amounts over their expected useful lives. The rates used are as follows:

Office premises	straight line over the balance of the lease - to 2024
Computers and related equipment	25% straight line
Fixtures, fittings & equipment	15% straight line

Depreciation is not charged on selected furniture and fixtures, shown under other fixed assets, as the residual value is considered to be higher than the carrying value.

1.7 Pensions

The pension costs charged in the Statement of Financial Activities represent the contributions payable by the charity during the year in accordance with FRS 17.

NOTES TO THE ACCOUNTS (CONTINUED)
FOR THE YEAR ENDED 31ST DECEMBER 2009

2 Grants receivable

	<i>Unrestricted funds</i> £	<i>Restricted funds</i> £	<i>Total 2009</i> £	<i>Total 2008</i> £
Trinity House	5,175	-	5,175	5,111
Seafarers UK	-	18,067	18,067	13,850
Maritime Charities Funding Group				
- Seafarers' Advice & Information Line	-	45,350	45,350	-
- Health Development projects	-	13,250	13,250	15,250
Merchant Navy Welfare Board	-	43,000	43,000	32,250
Guy's and St Thomas' Charity	-	2,000	2,000	-
	<u>5,175</u>	<u>121,667</u>	<u>126,842</u>	<u>66,461</u>

3 Investment income

	<i>Unrestricted funds</i> £	<i>Restricted funds</i> £	<i>Total 2009</i> £	<i>Total 2008</i> £
Equity	224,693	-	224,693	255,154
Bond	55,716	-	55,716	70,001
Property	78,193	-	78,193	90,117
Short term cash deposits				
- Other bank accounts	906	-	906	5,089
Interest receivable	-	152	152	908
Interest foregone on loan to Sir Gabriel Wood's Mariners' Home	280	-	280	3,118
	<u>359,788</u>	<u>152</u>	<u>359,940</u>	<u>424,387</u>

4 Rent receivable

	<i>2009</i> £	<i>2008</i> £
Rental for SAIL accommodation at 29 King William Walk	6,500	6,500

5 Charitable activities

	<i>2009</i> £	<i>2008</i> £
Grants		
<i>Dreadnought Medical Service</i>		
- General	1,229	5,117
- Patient expenses - 23 grants (2008 - 32 grants)	2,231	3,411
Restricted funds	<u>3,460</u>	<u>8,528</u>

NOTES TO THE ACCOUNTS (CONTINUED)
FOR THE YEAR ENDED 31ST DECEMBER 2009

5 Charitable activities (continued)

	2009 £	2008 £
Institutions		
Seafarers' Advice & Information Line - restricted funds	106,367	61,350
Seafarers' Advice & Information Line - unrestricted funds	99,668	106,731
MCFG Development Programme	40,000	40,000
Nautilus Welfare Fund - Mariners' Park	40,000	45,000
Merchant Seamen's War Memorial Society	25,000	25,000
Royal Alfred Seafarers' Society	20,000	25,000
Royal National Mission to Deep Sea Fishermen	10,000	12,500
The Physical Initiative	6,000	-
Queen Victoria Seamen's Rest	5,000	10,000
Scottish Nautical Welfare Society	4,000	4,000
Royal Merchant Navy School Foundation	2,500	2,500
Annual National Service for Seafarers	200	-
International Committee on Seafarers' Welfare	-	(5,000)
	<u>358,735</u>	<u>327,081</u>
Individuals		
Miscellaneous - 255 grants (2008 - 210 grants)	124,797	108,477
Harbourside Physiotherapy - 31 grants (2008 - 45 grants)	3,365	5,097
	<u>128,162</u>	<u>113,574</u>
Sub total	490,357	449,183
Interest on loan to Sir Gabriel Wood's Mariners' Home (note 3)	280	3,118
Total Grants	<u>490,637</u>	<u>452,301</u>
Support costs		
Postage, telephone and stationery	3,067	3,983
Computer costs	4,180	494
Travel and subsistence expenses	1,301	717
Sundry expenses	1,521	1,333
Staff costs	98,743	78,411
Staff costs - restricted funds	6,519	2,265
Temporary staff	-	823
Staff training	949	233
Building running and maintenance costs	7,054	7,129
Publicity costs	1,158	660
Depreciation	3,824	3,562
Staff recruitment	3,555	8,273
Health Development Project costs - restricted funds		
- Healthcare access study	9,500	-
- Expanded physiotherapy planning	3,250	-
- Respite care study	2,500	-
Health Development Project costs (miscellaneous) - unrestricted funds	3,692	-
	<u>150,813</u>	<u>107,883</u>
Total charitable activities	<u>641,450</u>	<u>560,184</u>
Total staff costs are detailed in note 8.		

NOTES TO THE ACCOUNTS (CONTINUED)
FOR THE YEAR ENDED 31ST DECEMBER 2009

6 Governance costs

	2009 £	2008 £
Postage, telephone and stationery	614	1,153
Computer costs	836	143
Travel and subsistence expenses	248	1,237
Sundry expenses	305	967
Staff costs	21,057	19,091
Temporary staff	-	239
Staff training	-	67
Building running and maintenance costs	1,411	1,803
Depreciation	765	1,026
Members and committee expenses	928	720
Trinity House room hire (see note below)	5,175	5,111
Annual Court and Report & Accounts	4,381	4,358
Legal and professional	575	1,058
Auditors' remuneration	5,875	5,751
Auditors' fees for non-audit work	2,817	3,006
	<u>44,987</u>	<u>45,730</u>

A grant of £5,175 (2008: £5,111) was received from Trinity House (see also note 2) to cover charges invoiced - identified above - in respect of Trinity House rooms hired for the Society's committees and Annual Court.

Total staff costs are detailed in note 8.

7 Related Party Transactions and Payments to Trustees

The sum of £577 (2008 - £442) was reimbursed to 4 trustees in respect of travel and subsistence costs incurred in the performance of duties on behalf of the Society. An amount of £575 (2008: £951) was paid to a firm of solicitors in which a trustee is a partner.

8 Employees

	2009 Number	2008 Number
<i>Number of employees</i>		
The average monthly number of employees during the year was:	<u>4</u>	<u>4</u>
Staff costs	2009 £	2008 £
Salaries	109,881	86,966
Social Security costs	11,432	8,815
Pension costs	5,006	3,986
	<u>126,319</u>	<u>99,767</u>

The number of staff for whom retirement benefits are accruing under money purchase pension schemes amounted to 4 (2008: 4). There were no employees whose annual emoluments were £50,000 or more.

NOTES TO THE ACCOUNTS (CONTINUED)
FOR THE YEAR ENDED 31ST DECEMBER 2009

9 Tangible fixed assets

	<i>Office premises</i>	<i>Computers and related equipment</i>	<i>Furniture, fixtures and equipment</i>	<i>Other fixed assets</i>	<i>Total</i>
<i>Cost or valuation</i>	<i>£</i>	<i>£</i>	<i>£</i>	<i>£</i>	<i>£</i>
At 1st January 2009	47,126	14,164	9,981	47,525	118,796
Disposals	-	-	-	(400)	(400)
At 31st December 2009	<u>47,126</u>	<u>14,164</u>	<u>9,981</u>	<u>47,125</u>	<u>118,396</u>
Depreciation					
At 1st January 2009	12,166	10,991	5,046	-	28,203
Charge for the year	2,186	1,058	1,345	-	4,589
At 31st December 2009	<u>14,352</u>	<u>12,049</u>	<u>6,391</u>	<u>-</u>	<u>32,792</u>
Net book value					
At 31st December 2009	<u>32,774</u>	<u>2,115</u>	<u>3,590</u>	<u>47,125</u>	<u>85,604</u>
At 31st December 2008	<u>34,960</u>	<u>3,173</u>	<u>4,935</u>	<u>47,525</u>	<u>90,593</u>

Selected furniture and fixtures (shown under other fixed assets) were revalued by Hector Paterson & Co in 2005.

10 Fixed asset investments

	<i>2009</i>	<i>2008</i>
	<i>£</i>	<i>£</i>
Market value of investment funds at 1st January 2009	6,776,526	9,113,188
Disposal proceeds	(398,922)	-
Change in value in the year	907,666	(2,336,662)
Market value of investment funds at 31st December 2009	<u>7,285,270</u>	<u>6,776,526</u>
Cash held on deposit at banks	77,441	20,133
At 31st December 2009	<u>7,362,711</u>	<u>6,796,659</u>
Historical cost:		
At 31st December 2009	<u>9,750,562</u>	<u>9,837,071</u>

Included in disposal proceeds above is an amount of £248,922 relating to sale of land at King William IV Statue Garden. There was no cost of this land in the Society's book.

Except for The Charities Property Fund, the investment assets are quoted on the UK stock exchange.

10.1 Schedule of investment funds and bank deposits

	<i>Market Value</i>		<i>Cost</i>	
	<i>£</i>	<i>%</i>	<i>£</i>	<i>%</i>
J P Morgan Bond Fund	1,296,677	17.61	1,236,097	12.68
J P Morgan UK Equity Fund	5,067,854	68.83	6,937,024	71.14
The Charities Property Fund	920,739	12.50	1,500,000	15.38
Cash held on deposit at banks	77,441	1.06	77,441	0.80
	<u>7,362,711</u>	<u>100.00</u>	<u>9,750,562</u>	<u>100.00</u>

NOTES TO THE ACCOUNTS (CONTINUED)
FOR THE YEAR ENDED 31ST DECEMBER 2009

11 Debtors

	2009 £	2008 £
Loan to Sir Gabriel Wood's Mariners' Home	25,000	25,000
Other debtors	265,250	34,224
Accrued income	64,608	100,829
	<u>354,858</u>	<u>160,053</u>

12 Debtors due in more than one year

	2009 £	2008 £
Loan to Sir Gabriel Wood's Mariners' Home	-	25,000
	<u>-</u>	<u>25,000</u>

13 Creditors: amounts falling due within one year

	2009 £	2008 £
Other creditors	48,500	-
Accruals	53,015	18,558
Deferred income (see note 14)	43,000	43,000
	<u>144,515</u>	<u>61,558</u>

14 Creditors: amounts falling due after more one year

	2009 £	2008 £
Deferred income (see below)	10,750	53,750
At 1st January 2009	53,750	-
Income deferred to a future period	-	96,750
Included in Creditors: amount falling due within one year	(43,000)	(43,000)
At 31st December 2009	<u>10,750</u>	<u>53,750</u>

15 Analysis of movement of funds

	Restricted funds (note 16) £	Unrestricted funds £	Total 2009 £	Total 2008 £
Balance at 1st January 2009	24,996	6,947,659	6,972,655	9,453,17
Net movement in funds	(9,777)	695,873	686,096	(2,480,522)
Balance at 31st December 2009	<u>15,219</u>	<u>7,643,532</u>	<u>7,658,751</u>	<u>6,972,655</u>

16 Restricted funds

	Balance at 1st Jan 2009 £	Movement in funds			Balance at 31st Dec 09 £
		New funds £	Interest allocation £	Outgoing resources £	
Benefit of Dreadnought Medical Service	24,996	-	152	(9,979)	15,169
Seafarers' Advice & Information Line	-	106,417	-	(106,367)	50
Healthcare access study	-	9,500	-	(9,500)	-
Expanded physiotherapy planning	-	3,250	-	(3,250)	-
Respite care study	-	2,500	-	(2,500)	-
	<u>24,996</u>	<u>121,667</u>	<u>152</u>	<u>(131,596)</u>	<u>15,219</u>

SIR PATRICK MANSON GCMG, FRCP, FRS (1844 - 1922): FATHER OF MODERN TROPICAL MEDICINE AND ONE OF THE SOCIETY'S MOST DISTINGUISHED PHYSICIANS

Patrick Manson^{1,2} (see figure) was born on 3rd October 1844 at Oldmeldrum – about 18 miles north of Aberdeen. He attended the Gymnasium School at Aberdeen, and at the age of 15 years was apprenticed to Blaikie Brothers, iron masters, in Aberdeen. In 1860 he entered Aberdeen University to read medicine; he also studied at Edinburgh University. Manson graduated MB, CM in October 1865 and for a short time became Assistant Medical Officer to the Durham Lunatic Asylum. In July 1866 he obtained the MD (Aberdeen).

Manson's 'tropical' career began in late 1866, when he was appointed to the Chinese Maritime Customs, and for five years he worked at Takao, Formosa (now Taiwan). There he was in charge of inspection of ships' crews visiting the port; he also developed a small private practice, and visited a missionary hospital daily. In 1871, he moved to the large port of Amoy (now Xiamen) on the Chinese mainland; here, he was Medical Officer to the Imperial Maritime Customs and for a time attended the local missionary hospital [Manson was a Scottish Presbyterian]. He also undertook a good deal of surgery. Despite intellectual isolation, it was here that he was to carry out the piece of clinical research that both made his name, and established the formal discipline of *tropical medicine*.

Knowing that a filarial infection (*Filaria sanguinis hominis*, now *Wuchereria bancrofti*) produced elephantiasis – which was a frequent affliction locally – he established that his servant Hin Lo was heavily infected with 'embryos' (microfilariae) of this parasite. On 10th August 1877 he placed him in a mosquito-proof cage filled with mosquitoes; there he spent the night and the following morning. Manson caught and dissected some of the mosquitoes which had spent the night feeding on the blood of Hin Lo; their stomachs were filled with 'embryos'. Manson had thus demonstrated for the first time, the man-mosquito dimension of a human parasitic infection; prior to this, it was suspected that *Homo sapiens* was infected solely via the oral route, mosquito bites not previously being held responsible for conveyance of elephantiasis.³

In late 1883, Manson (now married and with two small children) moved to Hong Kong. Here his major contribution was to medical education and he founded the College of Medicine for Chinese (absorbed into the University of Hong Kong in 1911). By 1889 he had accumulated considerable wealth and it was his intention to retire to his native Scotland. However, no sooner had he moved from SE Asia, than the Chinese dollar depreciated sharply.



Sir Patrick Manson - reproduced from the archive of the Royal Society of Tropical Medicine and Hygiene, London.

At the age of 46 years, therefore, Manson had to seek further employment, which he did in London. He moved into a Georgian terraced house – 21 Queen Anne Street, London W1 (a locality in which Bernard Shaw's polemic – *The Doctors Dilemma* – was staged), passed the MRCP examination, and in 1892 was appointed as consultant physician to the Society's Branch Hospital – the Albert Dock Hospital (ADH) (not the flagship Dreadnought Hospital at Greenwich). This hospital had been officially opened two years before – in 1890.⁴

By 1894, Manson had embarked on public lectures on tropical disease at Livingstone College, and Charing Cross and St George's Hospitals. It was at this point that Joseph Chamberlain (1836 – 1914), Secretary of State for the Colonies, first developed the idea that such lectures, when given to Medical Officers of British possessions in the tropics would further his object of 'constructive

imperialism'. Manson was appointed Chief Medical Officer to the Colonial Office, and after lengthy and at times hostile negotiations, the London School of Tropical Medicine was founded at the ADH. The genesis of this establishment, and the highly significant role of this Society in the development of the nascent speciality has been outlined in the Society's Annual Review for 2005 (page 11).

Manson became hailed as the 'father of modern tropical medicine', was the first president of the (Royal) Society of Tropical Medicine and Hygiene (1907-09), and received numerous honours - FRCP London (1895), Fellowship of the Royal Society (1900), CMG (1900), KCMG (1903), and GCMG (1912), as well as several honorary doctorates.

He remained at the ADH until his retirement in 1912. In the late 1890s he had guided (Sir) Ronald Ross in his researches that established mosquito-transmission of malaria.

Manson died in London on 9th April 1922 having suffered severely from gout and myocardial ischaemia. He was buried in Aberdeen, and a memorial service was held at St Paul's Cathedral on 12th April.

Professor G C Cook MD DSc FRCP
Honorary Life Governor and Archivist



- ¹ PH Manson-Bahr, A Alcock. *The Life and Work of Sir Patrick Manson*. London: Cassell and Co Ltd 1927: 273.
- ² GC Cook. *Tropical Medicine: an illustrated history of the pioneers*. London: Academic Press 2007 : 51-66.
- ³ GC Cook. *From the Greenwich Hulks to Old St Pancras: a history of tropical disease in London*. London: Athlone Press Ltd 1992 : 338.
- ⁴ GC Cook. *Disease in the Merchant Navy: a history of the Seamen's Hospital Society*. Oxford: Radcliffe Publishing 2007 : 302-8, 480-5.

Courtesy of the Fishermen's Mission

DONATIONS 2009

The Society has benefited greatly throughout its history from individual donations and bequests, which have provided valuable additional income to support the welfare of seafarers and their dependants in need. Although the Society does not engage in active fundraising, such contributions in support of its work are always most welcome, and the present time is no exception.

With the loss of the recoverable tax credit on charities' UK dividend income, and with the continuing demands on its resources, the Society has been running annual revenue deficits for some years which inevitably means drawing on reserves. It is planned to continue this policy in the coming year.

Under these circumstances, additional voluntary contributions are all the more welcome and the Society will be delighted to hear

from anyone wishing to make a donation or considering making a bequest.

The value of donations can be considerably enhanced by making use of the Gift Aid scheme which enables the Society to recover a further 28% of the net donation from HM Revenue & Customs. Advice on the Gift Aid scheme, which is very straightforward, may be obtained from the General Secretary at the Society's Greenwich office: tel - 020 8858 3696, email - admin@seahospital.org.uk.

The Society is most grateful for a donation received from Her Majesty The Queen during the year. The Society records its grateful thanks to Her Majesty for her generous support.

The Society is also most grateful for donations from the following:

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(from February 2010)*



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